

**Completely confidential, absolutely free**

*Advice on any sexual health issue to young  
men & women (under 25s, no lower age limit)  
from anywhere in the West Midlands*

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**[www.brook.org.uk](http://www.brook.org.uk) National Helpline: 0800 0185 023**

**Open 6 days  
a week  
Monday to  
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putting young people first